



OSHIMAYA Co., Ltd.

852 Nishiichi-cho, Kurashiki,
Okayama, Japan 710-0807

TEL : +81-86-465-2937
E-MAIL : osima852@ruby.ocn.ne.jp
URL : <https://ooshima-ya.com/>

Dealer



OSHIMAYA Co., Ltd.

Aim Higher

さらなる高みへ。

Swing-畳®
Swing-Tatami

Transforming your footwork
can have a significant impact
on your shots.

Mechanics are a fundamental aspect of sports.

Athletes who can cultivate their technique and use the ground to
their advantage have the edge over others.

In order to obtain such a skill and footwork, it is essential to train
your “toes”.

Aim higher by firmly grasping the ground so you can grasp victory.



Utilize the power of the ground to improve your performance. Increase the strength and distance of your shot.

In sports such as baseball, tennis and golf, it is crucial to maximize the impact when striking the ball. In order to increase the impact, the key is to apply a force to the ball as much as possible using your muscles in your feet & lower body. By improving your lower body strength, you can effectively convert the ground resistance to the torque of your swing.

It is your feet that convert the ground reaction force into power.

It is crucial to harness the rebounding force from the ground when generating the power upon the impact.

Utilizing the ground to your advantage requires applying the appropriate amount of force while having your feet planted on the ground.



If you can grasp the ground with your feet and firmly plant yourself on it, the power of your swing will be much greater.

If you are having difficulty hitting strong/long shots despite your upper body being physically fit, your lower body strength might be the reason.

Our Swing-Tatami is perfect for training your lower body.

Our Tatami mat was spotlighted when a Japanese famous professional baseball player used it for his routine practice.

He generated numerous home-runs and those were thanks to this mat, he said.

More and more athletes are starting to incorporate Swing-Tatami into their training and seeing excellent results.



for baseball
Home run-畳®
 Home run-Tatami

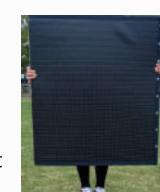
for tennis
Smash-畳®
 Smash-Tatami

for golf
300yard-畳®
 300yard-Tatami

FOR BASEBALL
 Swing-Tatami has its characteristic smoothness and cushioning that helps strengthen your muscles in your legs and stabilize your core, which improves your balance during each swing. It will enable you to execute a seamless weight shift when hitting and convert the reactive force from the ground into the torque. The mat is foldable and easy to carry for your practice in a batting cage.

For professional use
 (high school students and above)

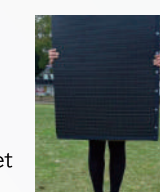
Size
 Approx. 85 x 150 cm,
 thickness approx. 1 cm



Can be folded in half
 Carry bag and slip-resistant sheet included

For Junior

Size
 Approx. 70 x 120 cm,
 thickness approx. 1 cm

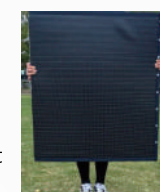


Can be folded in half
 Carry bag and slip-resistant sheet included

FOR TENNIS
 By swinging on a smooth and cushioned tatami mat, you can significantly strengthen your lower body. The Smash-Tatami will help you develop the muscles used to stabilize your feet and it will improve your footwork as well as your body rotation speed. This will also make your stroke more consistent. It is foldable and portable, so the mat can be used both indoor and outdoor.

For professional use
 (high school students and above)

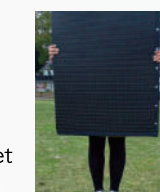
Size
 Approx. 85 x 150 cm,
 thickness approx. 1 cm



Can be folded in half
 Carry bag and slip-resistant sheet included

For Junior

Size
 Approx. 70 x 120 cm,
 thickness approx. 1 cm



Can be folded in half
 Carry bag and slip-resistant sheet included

FOR GOLF
 When striking a ball in golf, it is crucial to utilize the ground reaction force - and your feet & lower body have a significant role for that. By practicing your swings on 300Yard-Tatami, you can train the necessary muscles such as abductor hallucis and inner thigh muscles for better stability. This reduces swaying in the golf swing and help you gain more driving distance. It is foldable and can be carried into a driving range.

Size
 Approx. 50 x 110 cm,
 thickness approx. 1 cm



Can be folded in half
 Carry bag and slip-resistant sheet included

This mat can be used to train core muscles for other sports as well. Check out the QR code for more information!



Various ways to use the "Swing-Tatami® Series"

The unique technology of igusa (Japanese soft rush) manufacturing provides optimum comfort and high durability for longer use.

Ordinary tatami mats used for traditional Japanese floorings has only thin layer of igusa with a core made of compressed straw.



Our Swing-Tatami has a unique layered structure made entirely of igusa using our exclusive technology. This makes the mat extremely sturdy & durable, and you can practice for a long time without getting sore in your sole.

Trademark registered, patents pending (eight countries worldwide)

Our Swing-Tatami is widely used at schools and has contributed to their victory at many national championships for high-schoolers.

